



UNIVERSITY HOSPITAL
Newark, New Jersey

DEPARTMENT OF RADIOLOGY

Preparation for Thoracic, Lumbar or Cervical Myelograms

1. Please arrive 30 minutes before scheduled examination
2. If procedure is in the morning , then nothing by mouth after midnight.
3. If procedure is in the afternoon, then eat a light breakfast.
4. All oral medications should continue with a small amount of water
5. Patient should be accompanied by a friend or family member who can drive or be with the patient while traveling home.