

What's New in Benefits!

MAY 2022

FINANCIAL HEALTH/PLANNING

North Jersey Federal Credit Union will be celebrating our Nurses during their monthly visit on May 3rd from 10:0 AM to 2:00 PM in the UH Cafeteria. If you are not available to meet the representative in person you can visit their office located at 186 W. Market Street, Newark, NJ 07103 – 973-785-9200. You can view their website and review the services provided by clicking this [link](#).

HEALTH and WELFARE BENEFITS

During the week of April 11th, the Health Benefits Bureau made a final attempt requesting Social Security Numbers (SSN) or Individual Taxpayer Identification number (ITIN) number for any dependents that have a temporary or an invalid SSN in the Benefitsolver system. If you received this letter you have until May 31st to provide a valid SSN or ITIN for your dependents. The only exception that will be made is for a newborn child who is under one year old.

Failure to respond to this request will result in the dependents termination from your benefit plan effective 7/1/2022. Terminated dependents will not be reinstated until proof has been provided via the Benefitsolver website at <https://my.state.nj.us/au/Login>.

RETIREMENT

New Jersey Division of Pensions & Benefits provides monthly seminars and webinars for PERS members. This [link](#) will take you to the schedule for the month of May 2022.

For information on your ABP or DCRP account, please contact the appropriate representative noted below:

AIG (formerly Valic) **New Rep.** Jerome Gregory 732-343-4089

New onsite visits May 4th & May 18th **11:30am to 2:00pm** or [Schedule a virtual meeting or phone appointment](#)

Division of Pensions & Benefits Office: 609-292-7524

Empower (formerly MassMutual) Office: 848-248-4313

Equitable (formerly AXA) Cell: 908-230-2042

MetLife/Brighthouse Cell: 908-794-4265

Empower (formerly Prudential) Cell: 732-428-2314 Site visit in UH Cafeteria on April 29th from 7am to 3pm.

TIAA Office: 973-422-3731

VOYA Cell: 860-573-5673 click this link for [online retirement training](#)

SOCIAL SECURITY/MEDICARE PARTS A & B

Did you know, Medicare Parts A & B could affect your medical benefits upon your retirement?

The Social Security Administration will host virtual meetings on May 19th at 10am and May 26th at 12pm. These meetings will provide information on Medicare Parts A & B, Social Security Benefits and how these benefits may affect your medical coverage upon your Retirement.

Click this link to join the [May 19th](#) meeting or the [May 26th](#) meeting.

If you are unable to attend one of the meetings, please feel free to stop by the Human Resources Benefits Office and take advantage of the literature provided by the Social Security Administration.

WELLNESS

May is Mental Health Awareness Month. Join the challenge to raise awareness and help take time for yourself. You'll earn 50 points towards your NJWELL reward after recording "Yes" for 20 days during the Challenge time period.

How It Works:

- Registration Starts Thursday, April 21.
 - o Sign in to HorizonBlue.com/shbp.
 - o Select Wellness & Services, then follow NJWELL prompts. Go to the Emotionally Balanced Category to register.
- Record "Yes" to taking time for self-care for 20 days during the Challenge time period.
- Complete the challenge to earn 50 points toward your NJWELL reward.

When you reach 800 points with NJWELL you can earn a VISA® gift card worth \$250 or more.

Benefits Team

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If you have any questions on the topics discussed above or any employee benefit, please feel free to contact me using my email or phone number noted below.