

What's New in Benefits!

FINANCIAL HEALTH/PLANNING

North Jersey Federal Credit Union is coming back to UH. A representative will be in the UH Cafeteria the First Tuesday of every month beginning April 5th from 10am to 2pm. If you are not available to meet the representative in person you can visit their office located at 186 W. Market Street, Newark, NJ 07103 - Office 973-785-9200. You can view their website and review the services provided by clicking this [link](#).

RETIREMENT

Did you know the Division of Pensions & Benefits host free webinars? Click this [link](#) and go to their website and register for any of the free webinars that will be held during the month of April. There is even a webinar for ABP and PERS members on Social Security (Social Security benefits for members of all N.J. State Administer Retirement Systems).

For information on your Retirement Account, please contact the appropriate representative noted below:

AIG (formerly Valic) Cell: 732-267-9050
Division of Pensions & Benefits Office: 609-292-7524
Empower (formerly MassMutual) Office: 848-248-4313
Equitable (formerly AXA) Cell: 908-230-2042
MetLife/Brighthouse Cell: 908-794-4265
Prudential Cell: 732-428-2314
TIAA Office: 973-422-3731
VOYA Cell: 860-573-5673

WELLNESS

Horizon Blue Cross Blue Shield has a Wellness Health Guide. This guide can assist you and your covered dependents in understanding your benefits, assist with making doctor appointments and even give you \$25 per month for exercising regularly. Click [here](#) and take a few minutes an look at Horizon Blue Cross Blue Shield of New Jersey and all it has to offer it members.

Benefits Team

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If you have any questions on the topics discussed above or any employee benefit, please feel free to contact me using my email or phone number noted below.