

### **Why a Pre-admission Visit?**

We would like to know as much about you as possible so that we are prepared to care for your unique needs. In turn, we would like you and your family to have as much information as you would like and welcome the opportunity to answer your questions. Feel free to contact Doctors Office Center, 90 Bergen Street Newark, NJ, at 973-973-2929 with any questions you may have, not listed below.

### **When Will It Be and How Long Will It Last?**

Appointments are scheduled **Monday—Friday, from 8 a.m. to 4 p.m.**

Your appointment in the Preadmission Testing Clinic will be scheduled by your surgeon's office. You will be notified of your appointment time by the surgeon's office via phone, email or by mail. Your visit to the preadmissions clinic generally lasts 1-2 hours depending on your medical history.

### **On the day of PAT what should I bring?**

- Driver's license or identification and insurance cards.
- A list of allergies.
- A list of medication you take on a regular basis, including pain medications, vitamins, herbal supplements and other over the counter medications.
- Results of any recent tests, such as a stress test or an echocardiogram, done at other hospitals, physician's offices or facilities.
- Name, address and phone numbers of all your doctors, including specialists.
- Any previous problems or reaction to anesthesia, including your family history.
- The name and phone number of your preferred pharmacy.

If you have a Health Care Proxy, Living Will, Advanced Directive or DNR please bring a copy with you for our records.

### **Physical Exam**

Your preadmission visit will include a physical examination, a review of your medical history, nursing assessment and an evaluation by a member of the anesthesia department. You will also receive information on pain management, as well as preoperative information and instructions.

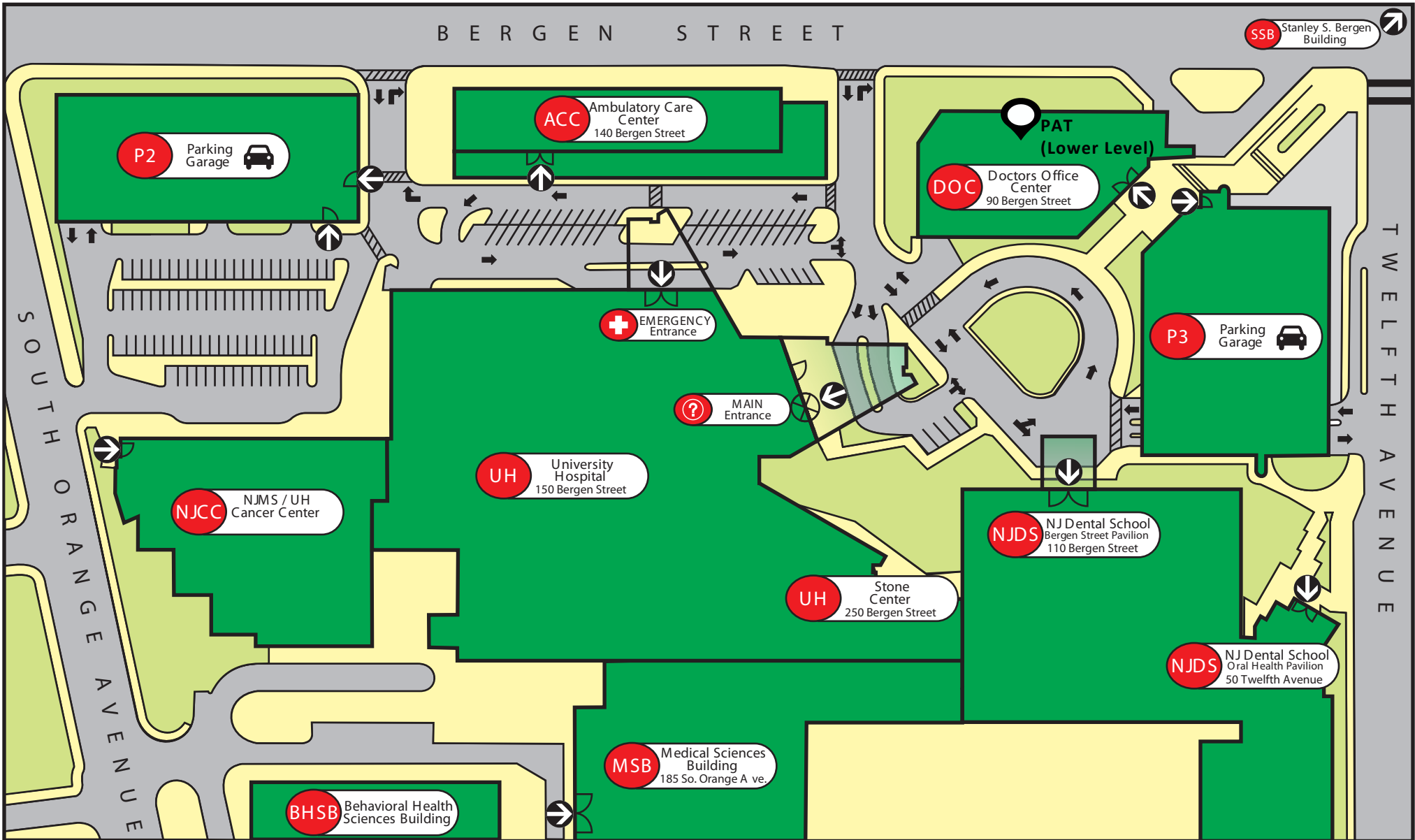
A registered nurse will interview you, conduct a physical exam, and take a history including medications you are currently on and allergies you may have.

An *anesthesia advanced practice nurse* will take a short health history and discuss the different types of anesthesia available for your operation. You will have the opportunity to ask questions regarding anesthesia. You may also discuss the methods available to you for postoperative pain control. Please inform the doctor of any over the counter medication or herbal medication you are taking.

### **Other Tests**

You may have a chest x-ray, electrocardiogram and blood work if ordered by the anesthesiologist or surgeon.

Preadmission Testing Clinic  
Doctors Office Center  
90 Bergen Street, Lower Level  
Newark, NJ



NEWARK CAMPUS  
Newark, New Jersey

Help Us Keep  
The University Campus  
Litter-Free.

