



Confirmed COVID19 Patients currently at UH

7

Patients Under Investigation currently at UH

38

Messages from Dr. Elnahal

Video Message from Dr. Elnahal regarding the Command Center, which can be viewed by clicking the image of Dr. Elnahal to the right.

Virtual Town Hall Meeting - I will be hosting a virtual town hall on Wednesday, March 25th at 1pm. You can tune in from your computer, workstation, tablet or cell phone. You will be able to participate via <https://uhnj.webex.com> with password **UHCares2020**.



Promoting a Stigma-free Environment

During public health emergencies, fear and anxiety can lead to social stigma against people, places or things. In COVID-19, there has been an increase in bias against persons of Asian descent, individuals who have traveled, and persons who have been released from quarantine even though they are not considered a risk for spreading infection. While stigma hurts everyone, each person can do their part by modeling our core values.

By taking measures to promote physical and mental resilience, we can create a positive work environment. We must support each other at all times, including our colleagues who have been or will be exposed to this virus.

Virtual Chapel

To encourage and sustain wellbeing, the UH Chapel has made available various virtual experiences. The schedule is available [here](#).

Social Distancing Reminders

The goal is to practice physical distancing to stop or slow the spread of infectious diseases:

- Avoid crowds and gathering in groups.
- Maintain space between yourself and others whenever possible, at least six feet apart
- Prioritize meetings via telephones and teleconferences.
- Bring your lunch to work and limit eating in groups (seating options have been limited in the cafeteria).
- Limit the number of persons on an elevator at one time.



Social Media Reminder

As always, all personnel at University Hospital are expected to exercise appropriate discretion in their use of social media. We must continue to conduct ourselves in an appropriate and professional manner at all times, including when speaking about our work in public messages. This is especially true now, when the eyes of the world are watching our healthcare systems and workers. Here are some helpful tips:

- Never discuss patient-specific information, including on social media, outside your clinical care team.
- Assume the world is watching what you post in online platforms and say in public settings.
- Always feel comfortable to bring your questions and concerns to your managers - we want to hear from you!
- Should you be contacted by the media, please direct such inquiries to UH Media Affairs (973) 634-8298.

Workforce Schedule Survey

NJHA is surveying the childcare needs of healthcare workers at this time in order to share this information with the State of NJ. Please answer their survey here: https://www.surveymonkey.com/r/hr_childcare

Or scan the QR code:



Important Reminders

Governor's Stay at Home Order: Governor Murphy has ordered all residents to stay at home until further notice, and close all non-essential businesses. Health care is an essential service, and this order does not apply to UH Staff reporting to work. In order to avoid issues, it is recommended that staff carry their ID's with them at all times. More information can be found at <https://covid19.nj.gov>.



Resources & Contact Numbers

NJ COVID-19 INFORMATION HUB: <https://covid19.nj.gov>

NJ 24/7 COVID-19 HOTLINE: Call 2-1-1 or (800)962-1253, or text NJCOVID to 898-211

UH STAFF GENERAL QUESTIONS LINE (UH STAFF ONLY): For non-patient care questions, contact Infection Control at (973)865-7684

SUPPORTIVE SERVICES: NJMS Psychiatry is launching a telephone support service for staff during these difficult times. You can contact them at Stress.Anxiety@njms.rutgers.edu, and leave your name, number and best time to call.

Thank you for your diligence in providing the best care to our patients, and preventing the spread of infection at University Hospital.

Previous COVID-19 Updates are archived and can be accessed on the [UH Portal](#).

For Distribution to All Staff.