

## University Hospital New Jersey 2016 Oncology Community Outreach Summary November 2016

Community Need	Name of Program	Type of program	Location	Target Audience	Summary of Results/Effectiveness/# of participants	Date(s)
Screening	Head and Neck Screening at Community Health Fair	Screening	Ambulatory Care BLDG (ACC) 140 Bergen St., Newark	Interested members of the community	<p>225 people were screened for oral cancer by faculty and fellows. Two brush biopsies were performed and were negative for epithelial abnormalities.</p> <p><b>Effectiveness:</b> Participants in this activity validated its effectiveness by sharing their understanding of the importance of good oral hygiene and regular dental visits to identify abnormalities. Oral cancer is most easily treated when found at an early stage on comment cards and via one to one discussion. Feedback also demonstrated that there is a need for continuing this type of screening activity as many respondents indicated that they do not have regular preventative dental visits.</p>	May 6, 2016
Prevention	Smoking Cessation Courses and Community Health Fair	Education and Prevention	Ambulatory Care BLDG (ACC) 140 Bergen St., Newark	All UHNJ Staff and Interested members of the community	<p>In addition to the usual Smoking Cessation and lung cancer prevention activities UHNJ is offering 3 additional free options of group sessions , one to one counseling and Lunch and Learn activities. Diane Mountzouris, MA, LCADC, LPC; Gladys Martinez, LCSW - Social Worker and Alejandrina Canelo Villafana, MS, CHES Have all received special training to provide this service.</p> <p><b>Effectiveness:</b> People participating in this activity validated its effectiveness by sharing their understanding of the importance of not smoking or staying away from second hand smoke or other environmental pollutants that are known to cause lung cancer. As many of the participants attended education via Health Fairs we do not have a true number of those participants. We did request a minimal verbal acknowledgement if they person attending the booth believed the information was beneficial and if they thought they may seek additional assistance via resources that was provided. The majority of the attendees responded positively. Smoking cessation classes are consistently attended and the numbers of participants continue to grow due to the various options.</p>	May 6, 2016